#### FLORIDA ASSOCIATION FOR INFANT MENTAL HEALTH



# FAIMH Study Bibliography for IMH Competencies and Endorsement

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# **FAIMH Study Bibliography for Endorsement Exam**

#### **Contemporary Resources**

- Barrera (2003). Rocks to Diamonds: Mining the Riches of Diversity for Our Children. Zero to Three, 23(5), 8-15
- Berlin, L.J., Ziv, Y., Amaya-Jackson, L., and Greenberg, M. (Eds.) (2005). *Enhancing early relationships: Theory, research, intervention and policy*. New York: Guilford Press.
- Berlin, L., Zeanah, C.H., & Lieberman, A.F. (2008). Prevention and Intervention programs for supporting early attachment security. In J. Cassidy & P. Shaver (Eds), *Handbook of attachment, 2nd edition*. New York: Guilford Press.
- Brazelton, T., & Sparrow, J. (2006). Touchpoints: Birth to Three (2nd ed.). Cambridge, MA: Da Capo Press.
- Cassidy, J. & Shaver, P. R. (Eds.). (2008). *Handbook of attachment: Theory, research, and clinical applications,*  $2^{nd}$  Ed. (pp. 3-22). New York: Guilford Press.
- Chazan-Cohen, R. & Summers, S. (2011). *Understanding Early Childhood Mental Health: A Practical Guide for Professionals*. Baltimore, MD: Brookes Publishing Company.
- Davies, D. (2011). Child development: A practitioner's guide (3rd ed.). New York: The Guilford Press.
- Lieberman, A.F. & Van Horn, P. (2008). *Psychotherapy with infants and young children: Repairing the effects of stress and trauma on early attachment.* New York: The Guilford Press.
- Lieberman, A.F., Padron, E., Van Horn, P., & Harris, W. (2005). Angels in the Nursery: The intergenerational transmission of benevolent parental influences. *Infant Mental Health Journal*, 26(6), 504-520.
- Lynch. E.W., & Hanson, M.J. (Eds.). (2004). *Developing cross-cultural competence: A guide for working with children and their families.* Baltimore, MD: Brookes Publishing.
- Oppenheim, D. & Goldsmith, D. F. (Eds.). (2007). *Attachment theory in clinical work with children: Bridging the gap between research and practice* (pp. 203-225). New York: Guilford Press.
- Osofsky, J. D. (Ed.). (2011). Clinical work with traumatized young children. New York: Guilford Press
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- Slade, A. (2005). Parental reflective functioning: An introduction. *Attachment & Human Development, 7*, 269-281.
- Solomon, J. & George, C. (2011). Disorganized attachment and caregiving. New York: Guilford Press.
- Stern, D. (2008). The clinical relevance of infancy. *Infant Mental Health Journal*, 29, 177-188.
- Weatherston, D., & Tableman, B. (2015). *Infant mental health services: Supporting competencies/ Reducing Risks* (3rd ed.). Southgate, MI: Michigan Association for Infant Mental Health.
- Zeanah, C. H. (Ed.) (2009). Handbook of infant mental health (3rd ed.). New York: The Guilford Press.
- ZERO TO THREE. (2016). *Diagnostic classification of mental health and developmental disorders of infancy and early childhood*. Washington, DC: Author.

#### **Classic Resources**

- Bowlby, J. (1988). A secure base: Parent-child attachment and healthy human development. New York: Basic Books, Inc.
- Erickson, M., & Kurz-Riemer, K. (1999). Infants, toddlers, and families. New York: The Guilford Press.
- Fraiberg, S. (Ed.) (1980). Clinical studies in infant mental health. New York: Basic Books.
- Fraiberg, S., & Adelson, E., & Shapiro, V. (1975). Ghosts in the nursery: A psychoanalytic approach to the problems of impaired infant-mother relationships. *Journal of American Academy of Child Psychiatry*, 13, 387-421 [Reprinted in L Fraiberg (Ed.) *Selected Writings of Selma Fraiberg* (pp. 100-136). Columbus, OH: Ohio State University Press, 1987].
- Greenspan, S.I. (1985). First feelings: Milestones in the emotional development of your baby and child. New York: Viking.
- Lieberman, A. (1993). The emotional life of the toddler. New York: The Free Press.
- Lieberman, A., & Zeanah, C. (1999). Contributions of attachment theory to infant-parent psychotherapy and other interventions with infants and young children. In J. Cassidy & P. Shaver (Eds), *Handbook of attachment*. New York: Guilford Press.
- Pawl, J. & St. John, M. (1998). How you are is as important as what you do. In *Making a positive difference for infants, toddlers and their families*. Washington, D.C: Zero to Three.
- Pawl, J. (1995). The therapeutic relationship as human connectedness: Being held in another person's mind. *Bulletin for Zero to Three*, 15, pp. 3-5.
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- Trout, M. (1982). The language of parent-infant interaction. In J. Stack (Ed.), *The special infant.* New York: Human Sciences Press.
- Wright, B. (1986). An approach to infant-parent psychotherapy. *Infant Mental Health Journal*, 7(4), 247-263.

# **Pregnancy and Early Parenthood**

- Brazelton, T., & Sparrow, J. (2006). *Touchpoints: Birth to Three (2<sup>nd</sup> ed.)*. Cambridge, MA: Da Capo Press.
- Browne, J.V. (2004). New Perspectives on Premature Infant and their Parents. Zero to Three, 24(2), 4-12.
- Dickstein, S., Hayden, L. C., Schiller, M., Seifer, R., Sameroff, A. J., Keitner, G., Miller, I., Rasmussen, S., & Matzko, M. (1998). Levels of family assessment II: Family functioning and parental psychopathology. *Journal of Family Psychology*, 12, 23-40.
- Osofsky, J., & Fitzgerald, H. (Eds). (2000). WAIMH Handbook for infant mental health. New York: Wiley, Inc.
- Siegel, D. & Harzell, M. (2003). Parenting from the inside out. New York: NY: J.P. Tarcher/Putnam.
- Slade, A. (2002). Keeping the baby in mind: A critical factor in perinatal mental health. *Zero to Three, 22(6),*10-16.
- Slade, A. (2005). Parental reflective functioning: An introduction. *Attachment & Human Development, 7,*269-281.
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- Stern, D. N. (1995). *The motherhood constellation: A unified view of parent-infant psychotherapy*. New York, NY: Basic Books.
- Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3<sup>rd</sup> ed.). New York: The Guilford Press.

# **Infant/Very Young Child/Family Centered Practice**

- Berlin, L.J. Ziv, Y., Amaya-Jackson, L., and Greenberg, M. (Eds) (2005). *Enhancing early relationships: Theory, research, intervention and policy*. New York: Guilford Press.
- Erickson, M., & Kurz-Reimer, K. (1999). Infants, toddlers, and families. New York: The Guilford Press.
- Foley, G.M. & Hochman, J.D. (Eds.) (2006). *Mental health in early intervention: Achieving unity in principles and practices*. Baltimore, MD: Paul H. Brookes Publishing.
- Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.
- Pawl, J. & St. John, M. (1998). How you are is as important as what you do. *In making a positive difference for infants, toddlers and their families.* Washington, D.C.: Zero to Three.
- Slade, A. (2005). Parental reflective functioning: An introduction. *Attachment & Human Development, 7,*269-281.
- Weatherston, D., & Tableman, B. (2015). *Infant mental health services: Supporting competencies/reducing risks* (3rd ed.). Southgate, MI: Michigan Association for Infant Mental Health.
- Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3<sup>rd</sup> ed.). New York: The Guilford Press.

# **Infant/Very Young Child Development & Behavior**

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- Center on the Developing Child (2016). *Key Concepts: Brain Architecture.* Retrieved from www.developingchild.harvard.edu
- Chazan-Cohen R. & Summers, S. (2011). *Understanding Early Childhood Mental Health: A Practical Guide for Professionals.* Baltimore, MD: Brookes Publishing Company.
- Davies, D. (2011). Child development: A practioner's quide (3<sup>rd</sup> ed.). New York: The Guilford Press.
- Dunn, Winnie (2007). Supporting Children to Participate Successfully in Everyday Life by Using Sensory Processing Knowledge. *Infants & Young Children: An Interdisciplinary Journal of Special Care Practices,* 20(2), 84-101.
- Finello, K.M. (Ed.) (2005). *The Handbook of training & practice in infant & preschool mental health.* San Francisco, CA: Jossey-Bass.
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- Landy, S. (2002). *Pathways to competence: Encouraging healthy social and emotional development in young children*. Baltimore, MD: Paul H. Brookes Publishing Co.
- Lieberman, A. (1993). The Emotional life of the toddler. New York: The Free Press.

- Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.
- Robinson, J.L. (2008) Early empathy and prosocial behavior. Encyclopedia of Infancy and Early Childhood. Vol. 1, pp. 441-450. NY: Oxford.
- Stern, D. (2008). The clinical relevance of infancy. *Infant Mental Health Journal*, 29, 177-188.
- Suchman, N., DeCoste, C., Leigh, D., & Borelli, J. (2010). Reflective functioning in mothers with drug use disorders: Implications for dyadic interactions with infants and toddlers. *Attachment and human development*, *12*(6), 567-585.
- Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3<sup>rd</sup> ed.). New York: The Guilford Press.
- Measures of infant development and family capabilities: Ages & Stages Questionnaire (ASQ-3), Ages & Stages Questionnaire: Social-Emotional (ASQ:SE), HOME, Infant Toddler Developmental Assessment (IDA), Infant Toddler Social Emotioanl Assessment (ITSEA), Devereaux Early Childhood Assessment (DECA), PICCOLO, and/or Massie-Campbell ADS.

### **Relationship-Based Therapeutic Practice**

- Davies, D. (2011). Child development: A practioner's guide (3<sup>rd</sup> ed.). New York: The Guilford Press.
- Fenichel, E. (Ed.). (1992). Learning through supervision and mentorship to support the development of infants, toddlers, and families: A source Book. Washington, D.C.: Zero to Three.
- Fraiberg, S. (Ed.) (1980). Clinical studies in infant mental health. New York: Basic Books.
- Fraiberg, S., & Adelson, E., & Shapiro, V. (1975). Ghosts in the Nursery: A psychoanalytic approach to the problems of impaired infant-mother relationships. *Journal of American Academy of Child Psychiatry*, 13, 37-421. [Reprinted in L. Fraiberg (Ed.) *Selected Writings of Selma Fraiberg* (pp. 100-136). Columbus, OH: Ohio State University Press, 1987].
- Michigan Association for Infant Mental Health (2012). *Reflective supervision for infant mental health practitioners*. Training DVD available at: http://www.mi-aimh.org/products/dvd/reflective-supervision-dvd
- Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.
- Parlakian, R. (2001). Look, listen, and learn: Reflective supervision and relationship-based work. Washington, D.C.: Zero to Three.
- Pawl, J. & St. John, M. (1998). How you are is as important as what you do. *In making a positive difference for infants, toddlers and their families.* Washington, D.C: Zero to Three.
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- Weatherston, D., & Tableman, B. (2015). *Infant mental health services: Supporting competencies/reducing risks* (3rd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

# **Family Relationships & Dynamics**

- Berlin, L.J. Ziv, Y., Amaya-Jackson, L., and Greenberg, M. (Eds) (2005). *Enhancing early relationships: Theory, research, intervention and policy*. New York: Guilford Press.
- Erickson, M., & Kurz-Reimer, K. (1999). Infants, toddlers, and families. New York: The Guilford Press.

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- Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.
- Siegel, D. & Harzell, M. (2003). Parenting from the inside out. New York: NY: J.P. Tarcher/Putnam.
- Slade, A. (2005). Parental reflective functioning: An introduction. *Attachment & Human Development, 7,*269-281.
- Trout, M. (1982). The language of parent-infant interaction. In J. Stack (Ed.), *The special infant.* New York: Human Sciences Press.

#### **Cultural Competence**

- Barrera (2003). Rocks to Diamonds: Mining the Riches of Diversity for Our Children. *Journal of Zero to Three*, 23(5), 8-15.
- Heffron, M., Grunstein, S., & Tiemon, S. (2007). Exploring diversity in supervision and practice. *Zero to Three, 28(2),* 34-38.
- Lynch, E.W. & Hanson, M.J. (Eds.). (2004). *Developing cross-cultural competence: A guide for working with children and their families*. Baltimore, MD: Brookes Publishing.
- Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

#### **Attachment, Separation, Trauma & Loss**

- Berlin, L., Zeanah, C.H., & Lieberman, A.F. (2008). Prevention and intervention programs for supporting early attachment security. In J. Cassidy & P. Shaver (Eds), *Handbook of attachment: Theory, research, and clinical applications, 2<sup>nd</sup> Ed.* New York: Guilford Press.
- Bowlby, J. (1988) A secure base: Parent-child attachment and healthy human development. New York: Basic Books, Inc.
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- Felitti V. J., Anda, R. F., Nordenberg D., Williamson D. F., Spitz A. M., Edwards V., Koss M. P., & Marks J. S. (1998). Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults. The Adverse Childhood Experiences (ACE) Study. *American Journal of Preventive Medicine*, 14, 245-258
- George, C (2014). Attachment Theory: Implications for Young Children and their Parents. In K. Brandt, B.D. Perry, S. Seligman, & E. Tronick (Eds.), *Infant and Early Childhood Mental Health: Core Concepts and Clinical Practice* (Chap 6, p.97-110). Washington DC: American Psychiatric Publishing.
- Lieberman, A.F., Padron, E., Van Horn, P., & Harris, W. (2005). Angels in the Nursery: The intergenerational transmission of benevolent parental influences. *Infant Mental Health Journal*, 26(6), 504-520.
- Lieberman, A. F. & Van Horn, P. (2005). *Don't hit my mommy: A manual for child-parent psychotherapy with young witnesses of family violence.* Arlington, VA: Zero to Three.

- Lieberman, A.F. & Van Horn, P. (2008) *Psychotherapy with infants and young children: Repairing the effects of stress and trauma on early attachment.* New York: The Guildford Press.
- Lieberman, A. & Zeanah, C. (1999). Contributions of attachment theory to infant-parent psychotherapy and other interventions with infants and young children. In J. Cassidy & P. Shaver (Eds), *Handbook of attachment*. New York: Guilford Press.
- McDonough, S. (2000). Interaction guidance: Understanding and treating the early infant-caregiver relationship disturbances. In C. Zeanah, Jr. (Ed. 2<sup>nd</sup> Ed.), *Handbook of infant mental health*. New York: Guilford Press.
- Michigan Department Of Human Services And Michigan Association For Infant Mental Health <u>Joint Policy</u>

  <u>Statement on Attachment in Infancy And Best Practice Recommendations For Decision For Decision-Making For Infants/Toddlers in Foster Care.</u> (2014). www.mi-aimh.org
- Nelson, C. A., Fox, N. A. & Zeenah, C.H. (2014). *Romania's Abandoned Children: Deprivation, Brain Development and the Struggle for Recovery.* Cambridge, MA: Harvard University Press.
- Oppenheim, D. & Goldsmith, D.F. (2007). *Attachment theory in clinical work with children: Bridging the gap between research and practice* (pp. 203-225). New York: Guilford Press.
- Osofsky, J.D. (Ed.) (2011). Clinical work with traumatized young children. New York: Guilford Press.
- Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.
- "Right from the Start" Video, published by Child Development Media, Inc.
- Sameroff, A., McDonough, S., & Rosenblum, K. (Eds.) (2004). *Treating parent-infant relationship problems: Strategies for intervention.* New York, NY: The Guilford Press.
- Soloman, J. & George, C. (2011). Disorganized attachment and caregiving. New York: Guilford Press.
- Sroufe, L. A, Egeland, B., Carlson, E. A. & Collins, W.A. (2009). *The Development of the Person: The Minnesota Study of Risk and Adaptation From Birth to Adulthood.* New York, NY: The Guilford Press.
- Trout, M. video series, "Awakening and the Growth of Attachment."
- ZERO TO THREE. (2016). *Diagnostic classification of mental health and developmental disorders of infancy and early childhood.* Washington, DC: Author.

# **Psychotherapeutic Behavioral Theories of Change**

- Fraiberg, S. (Ed.) (1980). Clinical studies in infant mental health. New York: Basic Books.
- Osofsky, J., & Fitzgerald, H. (Eds). (2000). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

# **Disorders of Infancy & Early Childhood**

- Chazan-Cohen R. & Summers, S. (2011). *Understanding Early Childhood Mental Health: A Practical Guide for Professionals*. Baltimore, MD: Brookes Publishing Company.
- Dunn, Winnie (2007). Supporting Children to Participate Successfully in Everyday Life by Using Sensory Processing Knowledge. *Infants & Young Children: An Interdisciplinary Journal of Special Care Practices,* 20(2), 84-101.
- Osofsky, J., & Fitzgerald, H. (Eds). WAIMH Handbook for infant mental health. New York: Wiley, Inc.
- Zeanah, C.H. (Ed.) (2009). Handbook for infant mental health (3<sup>rd</sup> ed.). New York: The Guilford Press.

Zero to Three, National Center for Infants, Toddlers and Families (2005). *Diagnostic classification of mental health and developmental disorders of infancy and early childhood:* Revised (DC: 0-3R). Arlington, VA: Zero to Three.

#### **Mental & Behavioral Disorders in Adults**

Gunderson (2011). Borderline Personality Disorder. New England Journal of Medicine, 264(21), 2037-2042.

Osofsky, J., & Fitzgerald, H. (Eds). (2000). WAIMH Handbook for infant mental health. New York: Wiley, Inc.

ZERO TO THREE. (2016). *Diagnostic classification of mental health and developmental disorders of infancy and early childhood*. Washington, DC: Author.

### **Other Competency Domains**

American Academy of Pediatrics Policy Statement (2016). "Media and Young Minds." Retrieved from: http://pediatrics.aappublications.org/content/early/2016/10/19/peds.2016-2591

Georgetown University Early Childhood Intervention Professional Development Center. "Letting 'Homeless kids' just be 'kids': The role of play in alleviating toxic stress." (2016). Retrieved from: https://guprofdev.wordpress.com/2016/10/26/letting-homeless-kids-just-be-kids-the-role-of-play-in-alleviating-toxic-stress/

Harvard University's Center on the Developing Child: <a href="http://developingchild.harvard.edu">http://developingchild.harvard.edu</a>

Health Resources and Services Administration website: http://mchb.hrsa.gov/maternal-child-health-initiatives/home-visiting-overview

The Heckman Equation: <a href="https://heckmanequation.org">https://heckmanequation.org</a>

National Resource Center for Mental Health Promotion & Youth Violence Prevention website: http://www.healthysafechildren.org/grantee/project-launch

U.S. Department of Health and Human Services and U.S. Department of Education Policy Statement on Expulsion and Suspension Policies in Early Childhood Settings (2016). Retrieved from https://www2.ed.gov/policy/gen/guid/school-discipline/policy-statement-ece-expulsions-suspensions.pdf

ZERO TO THREE Policy Resources: <a href="https://www.zerotothree.org/resources?type=policy-resources">https://www.zerotothree.org/resources?type=policy-resources</a>

#### **Other Readings**

The Clinical Relevance of Infancy: A Progress Report in Infant Mental Health Journal by Stern, Daniel

Working Within the Context of Relationships: Multidisciplinary, Relational, and Reflective Practice, Training and Supervision in Infant Mental Health Journal by Osofsky, Joy D.; Weatherston, Deborah J.

Defining the caregiving system: Toward a theory of caregiving in Infant Mental Health Journal by Carol George; Judith Solomon

The Nature of the Child's Ties by Cassidy, J.; Shaver, P.R.

The Cultural Context of Infant Mental Health: The Development Niche of Infant–Caregiver Relationship" by Lewis, Marva L.

She Does Love Me, Doesn't She?: A Story of Longing, Waiting, and Responding by Weatherston, Deborah J. "Parental Reflective Functioning: An Introduction" by Slade, Arietta

Critical Components of Reflective Supervision: Responses From Expert Supervisors in the Field in Infant Mental Health Journal by Deborah J. Weatherston; Thomas Pavkov; Angela M. Tomlin

#### **For Purchase**

The Minnesota Association for Children's Mental Health- Infant and Early Childhood (MACMH-IEC) Division, put together a Basic Infant Mental Health Endorsement® Exam Pack. The exam packet is accessible either online (via your computer, phone, or tablet) or in an easily accessible app you can download to your phone or tablet. It can be purchased for \$129 at

https://my.sharedbook.com/serve/nm/sb2100190/marketplace/1101/.